

Welcome to Appart cosy Brest

*We are happy to welcome you to our apartment,
where you will hopefully spend a pleasant stay.*

*In this booklet you will find all the informations
useful for the smooth running of your stay.*

Please contact us for further informations.

Have a good time in Brest!

Isabelle et Anthony.

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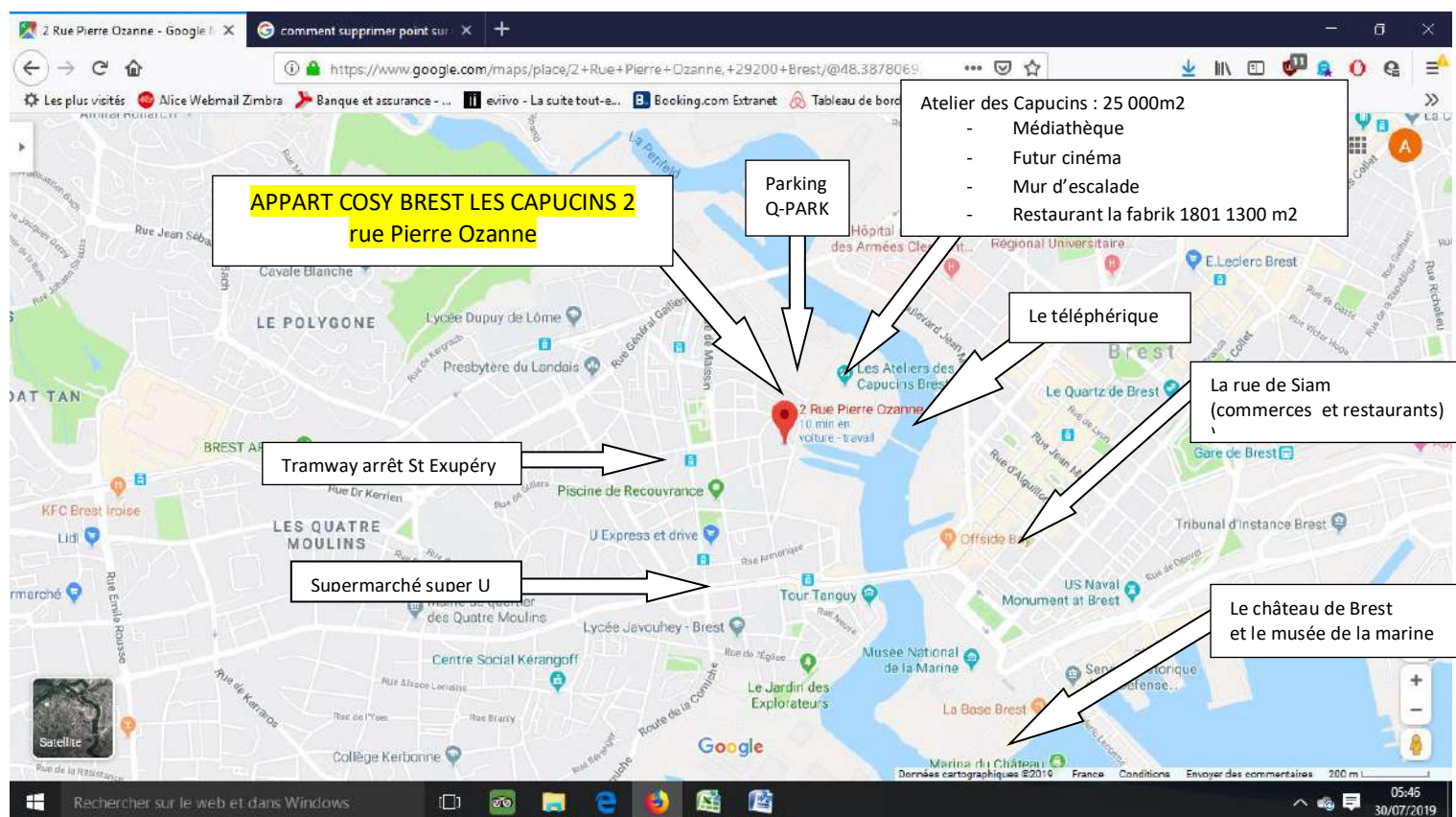
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The adress :
2 rue ozanne
29200 Brest



Where to Park

You can park in the parking lot Q-PARK street of the carpon 29200 Brest.

It is 200 metres from our property

Admission is from 7 a.m. to 10 p.m. and exit 24 hours a day

brest-park.fr internet address

Phone: +332-98-00-96-20

Arrival in the accommodation

Entering the building

The entrance to the building is done through a code located at the door of the building. The 4-digit code will be provided to you before you arrive.

Entry into housing: Keys

The keys are available in a secure key vault located right next to the door of your apartment. It is a 4-digit mechanical chest. You simply have to turn the dials to enter the code and press either side of the case to open it. The code will be communicated to you before your arrival by text message and on your personal email inbox or the messaging of the booking website (booking, airbnb, shipping...

Don't forget to put the keys back in that same safe when you leave and hand over the 0000 numbers once the safe closes thanks.

Arrival and departure time

Arrival and departure times will be communicated to you at the end of the month before your arrival. They are usually from 5pm for arrival and before 11.30am for departure.

The state of the entry and exit venues

Not being on site, we cannot make a check out with you. We are counting on you to leave the apartment clean and in the original state. Please let us know if anything has been broken or degraded so that we can replace it before the next travellers arrive



The linen

The linen is provided: duvets, fleece blankets, flat sheets, cover sheets, ear studs, towels, towels...

The main beds will be made when you arrive. Please simply tell us the composition of the people who will stay in order to be able to adapt the bedding (number of beds and type of single or double beds).

Life in housing



List of accommodation facilities

kitchen

- fridge
- Ceramic induction plate or vitro 2 or 4 fires
- Micro-oven
- Coffee maker (filter) and nespresso cafeteria
- kettle
- toaster
- washing machine
- drying machine
- Dishes and all accessories pans and caserolles
- Table
- 4 or 5 chairs depending on the accommodation

Living room

- TV flat screen by internet bbox
- More than 200 french and foreign channels

- Sofa and table
- Board games
- books

Bedroom 1

- 160cm queen size bed with memory mattress shape
- lamps and dressing

Bedroom 2 (for the 2 bedrooms apartments)

Baby equipment free on request

- Umbrella bed
- High chairs

Bathroom

- Bath ou shower depending of the flat
- Hair dryer
- shampoo



Use of equipment

- Heating: Soft inertia electric vectors. please turn on the temperature heating at 2 or 19 degrees before leaving the apartment
- Hot water: We have installed a hot water balloon that recharges overnight
- Laundry: The washing machine is self-service. We provide 1 or 2 berlingôts of laundry for free.
- tumble dryer: The tumble dryer is self-service.
- Refrigerator/freezer: When you leave, please leave the fridge running, the door closed.
- Free broadband WIFI: The name and code of the networks are available in the welcome booklet located on the coffee table of the show



Rules of life

We inform you that it is strictly forbidden to smoke in the apartment, for reasons of hygiene and odors for the travelers who follow each other, as well as for safety reasons. parties are forbidden so as not to disturb other travellers in the building

Practical informations



How do I get to the beach?

The large moulin blanc beach is a 15-minutes drive (direction Quimper before the bridge Albert Loupe)



Where to shop?

Supermarket U Express and drive covering (10 minutes walk)
Address: 33 rue de l'Armorique 29200 brest (times 8:30 a.m. to 8 p.m. Monday to Saturday and 9:30 a.m. to 12:30 p.m. on Sunday)

The hypermarket Carrefour Iroise shopping centre (10 minutes drive)
Address: 126 Plymouth Boulevard 29200 Brest

Shops in downtown Brest:

- All shopping shops are located on the bottom of Jean Jaurès Street and on the whole street of Siam (piétonne street). They run along the tram line
- **Bakeries**
 - Boulangerie Symphonie
address 72 rue du carpon 29200 Brest
7 a.m. to 1:30 p.m. and 4 p.m. to 7 p.m. daily
 - Boulangerie le fournil des provinces queliversan
Address 49 rue Dupuy de Lôme
Schedule from 6:30 a.m. to 9 p.m. daily
- **The Sunday market city center:** Sunday from 8 a.m. to 1 p.m. address 1 rue de lyon 29200 brest



Where to get fuel?

The Carrefour Iroise shopping centre (10 minutes drive)
Address: 126 Plymouth Boulevard 29200 Brest



Where to get treatment?

- On-call pharmacy: 3237

Hospital at 10 min: University Hospital Centre (CHU) 2 Foch Avenue
29200 Brest +332 98 22 33 33

Useful numbers

- On-call pharmacy: 3237
- Firefighter: 18 or 112 (from a mobile phone)
- Police rescue: 17
- Urgency hospital Samu : 15
- Emergency number at sea: 196 (sea rescue centre)

- Taxi :
 - TAXI BREST 806 – +332 98 80 68 06
 - ALLO TAXI BREST – +336 75 46 00 71
 - TAXI BREST AEROPORT – +332 98 42 11 11
 - VTC – +336 50 97 11 70

- Car convenience store:
 - AUTO DETRESSDépannage 24/24h
 - Adresse : 310 RUE JURIEN DE LA GRAVIERE
 - 29200 BrestTél. : +332 98 40 65 75

 - DEPANN'AUTO
 - Adresse : 4 rue Champlain 29200 Brest
 - Tel : +336-64-09-87-63

- Owners' numbers:
 - Isabelle et Anthony: +336.62 .09.10.30 /
 - anthony.maroc@aliceadsl.fr

Visit the région

Useful Informations

- Tourist office :
- 8 avenue Georges Clémenceau place de la liberté - +332 98 44 24 96
Monday to Saturday from 9:30 a.m. to 6 p.m.
Closed on Sundays.

Places to visit

WHAT TO DO IN BREST?

OCEANOPOLIS THE PARC OF OCEANS DECOUVERTE,

YOU WILL FIND 3 PAVILLONS WITH EVERYONE a DIFFERENT CLIMAT. IT MUST IN REVANCHE Y DON'T A DAY CAR IT IS A 9000M2 SPACE, 76 AQUARIUMS AND MORE THAN 10,000 ANIMAUX DONT LOUSTRES, REQUINS, PHOQUES, MANCHOTS . IT'S VERY INSTRUCTIVE ON CURRENTS AND MAREES.

LA TOUR TANGUY

(NEIGHBORHOOD COVERED SQUARE PIERRE PERON TEL TOURIST OFFICE +33298442496) BUILD IN THE FIRST SIECLE. IT'S A WATCH TOUR AND JUSTICE LIEU. TODAY, YOU'LL BE THE HISTORY OF THE CITY, THE MARQUANTS, THE MAQUETTES AND THE PHOTOGRAPHS. WE ARE ALLES DURING THE HERITAGE DAY.

LE MUSE DE LA MARINE

(IN BREST CASTLE) TEL +33298221239

It's MORE BREST MONUMENT. IN ADDITION TO the NATIONAL MUSE OF THE MARINE, YOU HAVE ACCES TO THE REMPARTS THAT A MAGNIFIC VUE OF THE MILITARY PORT OF THE RADE AND THE CITY. It's REALLY TO SEE.

LA PROMENADE DES RECORDS

QUAI ERIC TABARLY .

In THE INTAR OF the FAMEUX "WALK OF FAME" In HOLLYWOOD, the CITY OF BREST HAS CHOSEN TO REPORT HOMAGE TO THE MARINS. GO FOR YOU WALK ON THE QUAI ERIC TABARLY FOR MARCHER ON THE PROMISE OF RECORDS. There IS A SEVERAL BAR RESTAURANT SYMPAS FACE TO THE MARINA. WE are ALLER IN RESTAURANT THE BASE www.labasabrest.com 85, Quai Eric Tabarly la Marina du Château, 29200 Brest 02 29 05 19 00 . They are MADE of THE BROCHETTES OF VIANDES, GAMBAS or ST JACQUES NOIX. THE VUE IS VERY BELLE , THE AGREABLE CADRE AND THE VERY GOOD BROCHETTEBLES. They ARE A HUGE CAVE A WHISKY. 2 BEMOLS GARNITURE PLUTOT MOYENNE AND A PRICE A ELEVE

LA PLAGE DU MOULIN BLANC

LES ILES DE OUESSANT ET MOLENE

LE MUSEE DES BEAUX-ARTS DE BREST

COLLECTION DE PLUS DE 10 000 OBJETS

24 RUE DE TRAVERSE TELEPHONE +332-98-00-87-96 TRAM LIGNE A
STATION CHATEAU

BUS LIGNES 1 , 2 , 8 STATION FRANÇAIS LIBRES

CONCERTS SALLES

L'ESPACE VAUBAN 17 AVENUE CLEMENCEAU TEL 0298460688

LA CARENE (A PIEDS AUSSI DEPUIS L'APPARTEMENT) 30 RUE JEAN MARIE

LE BRIS TEL +33298466600

LE BOWLING ET BILLARD even with children

35 RUE EVARISTE GALLOIS TEL +33298416060

For the bowling There are SYSTEMES especially for children so they can play with parents. It's really nice, A GOOD MOMENT

THE ICE SKATING RING OF BREST (LE RINKA STADIUM)

QUARTIER BELLEVUE PLACE NAPOLEON III , TEL +33298030130

IN SAISON, YOU CAN SEE THE ALBATROS OF BREST PLAY IN HOCKEY ON GLACE

WE ARE 1 A 2 YEARS BY AN

THE SUNDAY MATIN TO PART OF 10:00 CAR IS MORE FAMILIAL. THE AUSSI YOU CAN BE WITH THE CAR IT'S A LUGES ON WHAT THEY CAN

LA RECREE DES 3 CURES A 10 MNUTES LES PARCS DE JEUX

- IN NORTH OF BREST A MILIZAC TEL +33298079559. It's a GREAT PARC OF LOISIR OF 15 HECTARES (ATTRACTIONS TO SENSATION AND AUSSI FOR PETITS - A MINI PARC AQUATIQUE IF IT DOES BEAU). WE ARE ALLE THE LAST OCTOBER 2016. I'm A C-RUNTHAT THAT OUR WEARE ALL DO THE SPOONTUS 3 TIMES, ME AND MY WOMAN HAVE A TORRECIE THE GALION OF PIRATES. IT MUST BE THE ACCROCHE C-UR. IN ALL CASES YOU PASS A GOOD DAY. There are A TABLES OF PIC NIC.

- - IF THE TIME IS NOT THE PARTY, THERE IS An INDOOR LOISIR PARC, THE PARC KIJOU PARC (55 POUL THIS are MORE TOBOGGANS AND INDIFIARY STRUCTURES FOR THE GOOD 12 YEARS. There IS A PARENT SPACE FOR SITTING;

LA GRANDE PISCINE DU RELECQ KERHUON

BOULEVARD DE MAISSIN 29480 LE RELECQ KERHUON PRES DE LA PLAGE DU MOULIN BLANC.15 MINUTES BY CAR TEL +33298343434. THE SPADIUM PARC 827m2 OF BASSIN WITH PENTAGLISS , RIVIERS , MOVING BATHS, SAUNA, SOLARIUM, HAMMAN...

LE TELEPHERIQUE

Capuchin side access via capuchin workshop (300 meters away from the apartment and on the other side Down siam street

The CINEMAS

Le liberté place de la libertéand soon also in the ateliers des capucins (by the end of december 2019)

What TO DO IN THE NORTH FINISTERE?

1° NORTH of BREST (1H10 OF ROUTE IN VOITURE) the LEON COUNTRY

- There is really a lot to see in the land of Leon. Count 2 to 3 days if you want to see everything
- Kerjean Castle on the commune of Saint Vouguay. A beautiful building with a park and a dovecote. The visit is paid but it's definitely worth it as it is well done. We get carried away through the rooms in the lives of the different owners. We really liked it and the kids too
- The Santec State Forest and Dossen Beach: The forest covers 97 hectares of various species resistant to the sea climate of the place. this forest is crossed by various paths where you will meet families on walks or sports at training. In its central aisle, a fitness course is available to everyone. Starting from the "Good Wind" Centre, it will take you to the river that borders it to the south from where, taking on your right, you can reach the beach of Dossen.
- Roscoff Former haven of privateers and then smugglers, from where the sellers of pink oignons set out for the english (johnnies). Roscoff, a small town of character, has preserved its architectural heritage from the 16th and 17th centuries, all made of cut stones. For a stunning view of the bay (the ports, the island of batz...) go by car to the chapel of St. Barbe. You will find very good gourmet restaurants (The rakham, the Brittany or the foam of the days) but also more classic restaurants of excellent value for money (The breeze Blades or the trade winds located in front of the port). If you like Asian cuisine I recommend Halong Bay one of the best in the department. Finally for a pancake, you have the creperie of the post office or the creperie The chandeleur.
- The island of Batz: just across from Roscoff (access by boat). No need to book, they add boats if there are too many people. The island is really a jewel with often a micro climate. We go there often, the last time at the end of October 2017 for a cousinade. To go around the island count a day. I really like the south-eastern part of the island along the trail and then through the beach, the blokaus and finally through the Georges delaselle botanical garden (entrance fee). You can admire the port of Roscoff from the sea and continuing to the

north east, all the small islands of Morlaix Bay that arise at low tide. To the north, you will find fields notably the potato known as that of Noirmoutiers. You may also be able to come across horses on the loose. To the west of the island you can admire the lighthouse of the island and the hole of the snake place of a legend: Saint pol would have come to the island and would have delivered the inhabitants of a terrible dragon by throwing it into the hole of the snake.

– Saint pol of Leon with its 2 steeples at the top and bottom of the main street. You'll find the api apple restaurant that has gone up a notch since I went to eat there in 2012. 2 much more affordable restaurants we liked. Restaurant "In the big street": Few choices but in contrast, fresh cuisine for a very reasonable price. The other restaurant "the bucail": There also a very good value and a curiosity with a tree in the middle of the restaurant .

– Carantec: A pretty little town but above all a peninsula: The island callot. You get there on foot or by car but you have to watch out for the tides because we have already returned to earth once the wheels in the water and once barefoot with our shoes in our hands. On the restaurant side, we made 2. The fisherman's shelter in front of the island callot, classic cuisine of fresh fish but especially the restaurant of Patrick Jeffroy, one of the best known chefs of the finistère. If the gastronomic cuisine is very good, the restaurant also goes for its magnificent setting: A huge bay window overlooking a cove. It was fabulously beautiful. Finally if you like history go to visit the castle of the bull in the middle of the bay of Morlaix (Former prison built by Vauban, it was the prison of aristocrats, mountaineers and girondins)

– If you have any time left, head down to Morlaix on the coastal road that will allow you to follow Morlaix Bay and return to the city directly into the city centre or you will come across the very impressive viaduct.

2° IN THE NORTH BRIGNOGAN KERLOUAN AND THE ABERS (45 MINUTES BY CAR)

Brignogan is an ancient seaside town. I advise you to park either to "the nice little or to the campsite. Then you can go a long way by following the coast to the semaphore. You'll see big rounded rocks. On the way back to your car pass through the small alleys and admire the houses built around or even backed by huge rocks that seem to have fallen from the sky into the gardens. It's really unique. 2 restaurants to advise you. The hotel of the sea that my wife loved (meals with colleagues) and the restaurant "The cornice" located in the heart of the bay facing the sea at the foot of the beach. You can't get enough of the view thanks to the large bay window.

A little further west along the coast, stop your the cave village of Meneham on the commune of Kerlouan. Sometimes refuges of customs officers, tantot fishing village, Ménéham is a real curiosity in the region with its chapel in the middle of the rocks. You can also see a video inside about the history of Meneham. Legend has it that many ships ran aground on the coasts of the pagan country. Ill-intentioned inhabitants would have been at the origin of these accidents because they were walking on the dunes at night, a lantern in hand, thus attracting the boats to the coast where they were then stranded...

Further west, you'll find the abers area with the lighthouse of the virgin island. The tallest lighthouse in Europe and one of the tallest in the world with 82 meters and 397 steps. Accessible by boat Good Courage

3° AT THE WEST OF BREST THE CONQUET AND THE SAINT MATTHIEU POINT (40 MINUTES BY CAR)

First stop: The lighthouse of the little kitty . You can admire the magnificent views of Brest harbour and the gully. Attention it is not easy to find but it's worth a visit

Second stop; Berthaume Fort. Built on an island, it allowed to control the entrance of the Brest harbour by enemis boats. it is now a place of entertainment for thrill-seekers; My granddaughter made tyrolene over the sea. She loved it.

The conquet: the pretty fishing port from where you can take the boat to the islands of Molene and Ouessant.

On the other side of the harbour, go around the kermorvan peninsula. If you are in the right season, you can pick blackberries that grow in large quantities. You can also enjoy a stunning view of the white sandy beach.

At last The St Mathieu Point: You have a very nice walk to make from the chapel and down the path along the cliff. The path is very wide and passable. If you have time to head north to Porspoder, you will find the peninsula of Saint Laurent accessible on foot but often very windy and fishing port of portsall infamous for the naufrage of the amoco cadiz. The anchor of the boat remained on the harbour

4° IN SOUTH WEST OF BREST THE PRESQU'ILE OF CROZON MORGAT (1H20 BY CAR)

You leave Brest for Quimper. Take the exit indicated crozon at the height of the Faou.

The Térénez Bridge: it was completely redone because the old one had concrete sickness. You can park as there is the possibility of access ing to pedestrians.

Arrival in Crozon which is of no tourist interest, take a northerly right towards Roscanvel. Once past Roscanvel and the long island (military zone for nuclear submarines). Stop at the tip of the Spanish. You can admire the port of Brest and the whole harbour.

Go down to Camaret on the sea: You can see the Vauban tower and eat or eat a pancake or ice cream in season.

Megalithic Alignments Of Lagatjar

The tip of the penhir the pile of peas

Wearing morgat

Goat's Cape

Lead hom on the commune of plomodiern peaks at 330 meters. If the weather is nice, you can see paragliders. On the commune of Plomodiern is the glazick sin. It is a very well-known gourmet restaurant.

Locronan: the typical Breton village very touristy. To see all year round but especially at Christmas because the illuminations are absolutely beautiful. For the record, scenes from the film "The Cabbages" with Philippe Noiret and Sophie Marceau were shot in the village square. You can see the church, the houses and the well. You can also buy one of the best kouign aman in the department.

Drill of the notch,

5° IF YOU WANT TO GO FAR AWAY IN THE SOUTH OR AT THE EAST OF
bREST,

SOUTH FINISTERE douarnenez bay, van tip of the ratz audierne pouldreuzic
paté hénaff and cider kered, quimper l ile tudy benodet fouenan concarneau
bridge aven

- East of the finistere Landerneau, the forest of huelgoat, the lake of the
drennec

Where to eat

THE CREPES and galettes (take away) In BREST

.I RECOMMEND THE COATAUDON CREPERIE. They are A CREPES AND GALETTES FRAICHES ALL DAY ON BIG MANEGE A CREPES. There is all the TIME of the PASSAGE AND PERSONALLY WE ARE IN MONTHS 1 WEEK. ADRESSE IS 3 RUE GENERAL PAULET TELEPHONE +332-98-41-52-58. IT'S OPEN from 7:00 a.m. to 7:00 p.m. FROM MONDAY to SATURDAY

Our favourite restaurants and shops in Brest

1) ON THE PORT OF COMMERCE (CUSTOMS WHARF AND ERIC TABARLY WHARF)

THERE IS A LOT OF RESTAURANTS (TEX MEX, VIANDES, POISSONS, TRADITIONAL...). IT IS OF FREE PARKINGS NOMBREUX.

I'LL GIVE YOU OUR FIVE PREFERES.

IF YOU LOVE THE FISHES AND SEA FRUITS, YOU CAN AT LA MAISON DE L'OCEAN

TRADITIONAL RESTAURANT OF FISHES AND SEA FRUITS

2 CUSTOMS WHARF PHONE +332-98-80-44-84. They are a sked. It's a TYPICAL RESTAURANT of FISHES AND SEA FRUITS.

Another FISH RESTAURANT WITH A CUISINE MUCH MORE WORK IN BASE OF EPICES, LES FRERES DE LA COTE

ALSO ON THE COMMERCIAL PORT. I'm THE REMEMBER OF A DUO OF FISH MI-CUIT ESPADON AND THON. A DELICE. THE DECO IS VERY SYMPA THE BASE OF WOOD. SEEM TO BE IN A BOOT.

IF YOU PREFER THE GRILLE EDEL TO THE FIRE OF WOOD, YOU HAVE LE BŒUF SUR LE QUAI,

IT'S ONLY ON BREST AND IT'S A VERY GOOD.

FINALLY A MIXED LAND AND SEA, THE RESTAURANT "LA BASE"

ON QUAI ERIC TABARLY . IT IS SIT FACE TO THE MARINA. SYMPA FOR A DEBUT OF SOIREE , MORE ANIME THAT THE FIRST 3, THE RESTAURANT "THE BASE" POSSEDE A HUGE CAVE A WHISKY. COTE TABLE, THEY PROPOSE OF VIANDES, GAMBAS OR VERY GOOD QUALITE ST JACQUES.

2 BEMOLS: GARNITURE AND NOTE A LITTLE BIT EXPENSIVE. BECAUSE OF THE PLACE INFRONT OF THE MARINA

FINALLY THE LAST WE HAVE TESTE

THE RESTAURANT LE CARRE

26 quai de la douane TEL +332 29 61 10 00

The restaurant has only the name of the brewery. It's a semi gastro. Starter/plate/dessert for 19.90 euros at lunchtime. Be careful it's fresh and very good but there is no choice. In the evening count a menu for 26.90 with 3 to 4 choices per dish but supplements for certain dishes (choice oysters, foie gras, st jacques, beef fillet, soft chocolate valrona). Remember to book an upstairs table for the harbour view

Also on the commercial port, you will also find the hammer crab, an institution in Brest. As the name indicates you have a hammer, a wooden plank, a crab and a bucket. 2 creperies that we 'have not tested but with good returns "latitude pancakes" hearty pancakes and "world of pancakes" at first glance good enough but a little more expensive.

For shops in the commercial port

Les rois de bretagne The "King of Brittany" 12 quai de la douane. A large shop with lots of Breton products

Le comptoir irlandais The Irish counter 32 quai de la douane

2° IN DOWNTOWN BREST

For lunch ONLY, WE TIP THE L'O A LA BOUCHE 12 RUE DE SIAM

TEL +332 98 46 05 52

IN THE RUE OF SIAM NEAR OF THE CHATEAU AND TELEPHERIQUE) .
FOR 16.40 EUROS, THE RESTAURANT SERVE ENTREE/PLAT/DESSERT.
YOU'LL find IN THE MENU OF MOULES/FRITES DURING THE SAISON, A
BURGER MAISON ALWAYS with FRESH FRIES, MEAT OR FISH. THE
DIFFERENCE WITH THE RESTAURANTS JUST NEAR THAT ARE A WHAT
LESS CHERS, IT'S THAT THE MENU IS MORE ELABORATED WITH REAL
FRESH FRIES. WE ARE AT LEAST 2 THURSDAY BY MONTHS. ON THE
OTHER HAND, IN THE EVENING THE MENU IS MORE EXPENSIVE AND A
LITTLE LESS WELL. IT IS PREFERABLE TO GO ON THE PORT OF
COMMERCE.

ALWAYS FOR THE MIDI, WE TIP YOU THE RESTAURANT "AUTOUR DU
CHATEAU"

3 BOULEVARD DES FRANÇAIS LIBRES FACE TO THE CASTLE. PHONE
+332-98-80-43-47. A GOOD SURPRISE FOR THIS RESTAURANT THE
MENU OF MIDI IS AT 15 EUROS ENTREE/PLAT/DESSERT. A KITCHEN
WITH FRESH PRODUCE AND 3 CHOICES FOR EACH DISH. The ENDROIT IS
VERY NICE FACE TO THE CHATEAU AND THE RESTAURANT IS CLEAN.
RESTAURANTS ON THE PORT OF COMMERCE (YOU CAN Y ALLER A
PIEDS)

THEY Are A A LOT (TEX MEX, MEAT, FISHES, TRADITIONAL...).

THE ADRESS QUAI DE LA DOUANE AND QUAI ERIC TABARLY

Bon séjour

à Brest....